

INDEPENDENTCATERING | EDUCATER LIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent



DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 21 FEBRUARY

TUESDAY 22 FEBRUARY

WEDNESDAY 23 FEBRUARY

THURSDAY 24 FEBRUARY

FRIDAY 25 FEBRUARY



Chicken and Tomato
Pasta Bake
(1, 9)

Mild Chilli Beef with Nachos
(10)

Roast Gammon
with Pineapple

Oven Baked Beef Sausages
with Gravy
(1, 8)

Battered Fish
(1, 4)



Spring Vegetable
Cottage Pie
(10)

Sweet Potato
and Chickpea Samosa
(1)

Cheese and Leek Pie
with a Shortcrust Pastry
(1, 9)

Oven Baked Vegetarian
Sausages with Gravy
(1)

Crispy Quorn Nuggets
(1, 7, 9)



Fresh Pesto Pasta
(1)



Roasted Pepper Twist
(1)



Salmon Lasagne with a
Cheesy Topping
(1, 4, 7, 9, 11)



Filled Baked Jacket Potato
Please see our blackboard for
choice of toppings



Filled Baked Jacket Potato
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choice of toppings



Fresh Carrots
and Green Beans

Savoury Rice, Roasted
Mediterranean Vegetables
and Sweetcorn

Roast Potatoes, Fresh Broccoli
and Cauliflower

Mashed Potatoes, Fresh Carrots
and Garden Peas

Chips, Baked Beans
and Mushy Peas



Peach and Apple Crumble
with Custard
(1, 9)

Blueberry Muffin
(1, 7)

Chocolate Sponge with
Chocolate Sauce
(1, 7, 9)

Tutti Frutti Thursday

Oatie Cookie
(1)

AVAILABLE DAILY - FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

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WE ONLY USE



FRESH MEAT



FREE RANGE EGGS



MSC FISH



ORGANIC MILK

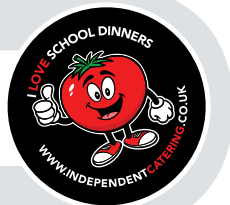


LOCAL FRUIT & VEG



WHOLE MEAL PASTA

INDEPENDENTCATERING.CO.UK
EDUCATERLIMITED.COM



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MONDAY 28 FEBRUARY



Mild Chicken Curry with Rice
and Naan Bread
(1)



Vegetable Pad Thai
(1, 7)



Mac n' Cheese
(1, 9, 11)



Homemade Onion Bhaji
and Garden Peas



Lemon Sponge
with Custard
(1, 7, 9)

TUESDAY 1 MARCH

Spaghetti Bolognaise
with Garlic Bread
(1, 8)

Butternut Squash and
Leek Risotto
(10)



Filled Baked Jacket Potato
Please see our blackboard for
choice of toppings

Roasted Butternut Squash
and Broccoli

Apricot Cupcake
(1, 7)

WEDNESDAY 2 MARCH

Chicken Pie with a
Shortcrust Pastry Topping
(1)

Broccoli and Cauliflower
Filled Yorkshire
(1, 7, 9)

Fresh Pesto Pasta
(1)



Roast Potatoes, Fresh Carrots
and Cabbage

Apple and Berry Sponge
with Custard
(1, 7, 9)

THURSDAY 3 MARCH

Swedish Style Pork Meatballs
with Mashed Potato
(1, 8)

Cheese and Onion Pinwheel
(1, 9)



Filled Baked Jacket Potato
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choice of toppings

Herby New Potatoes,
Fresh Broccoli and Sweetcorn

Tutti Fruitti Thursday

FRIDAY 4 MARCH

100% Cod Fishfingers
(1, 4)

Carrot and Chickpea Burger
(1, 7)

Vegetable Bolognaise Pasta
(1)



Chips, Fruity Slaw (7)
and Baked Beans

Gingerbread Cookie
(1)

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4 FISH

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6 NUTS

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9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

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MSC FISH



ORGANIC MILK



LOCAL FRUIT & VEG



WHOLEMEAL PASTA

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MONDAY 7 MARCH

TUESDAY 8 MARCH

WEDNESDAY 9 MARCH

THURSDAY 10 MARCH

FRIDAY 11 MARCH



BBQ Pulled Chicken
in a Taco with Rice
(14)

Shepherd Pie
(10)

Roast Beef with
Yorkshire Pudding
(1, 7, 9)



DINOSAUR DAY

Breaded Fish
(1, 4)



Spring Vegetable
Cottage Pie
(10)

Cheese and Tomato Pizza
(1, 8, 9)

Roasted Root Vegetable Bake
with a Herby Crust
(1)

Mixed Bean Tortilla Stack
(1)



Roasted Pepper Spirals
(1)



Tyrannosaurus Rex
Chicken Steak
(1, 7, 9, 10, 14)



Filled Baked Jacket Potato
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Iguanodon Crispy
Quorn Nuggets
(1, 7, 9)

Filled Baked Jacket Potato
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Fresh Broccoli
and Sweetcorn

Cubed New Potatoes,
Fresh Carrots and
Chef's Green Salad

Roast Potatoes, Fresh Mashed
Swede and Green Beans

Diplodocus Potato Wedges
Brachiosaurus Fresh Carrots
and Garden Peas

Chips, Baked Beans
and Mushy Peas



Mixed Berry Sponge
with Custard
(1, 7, 9)

Tutti Fruitti Tuesday

Marble Sponge
with Custard
(1, 7, 9)

Jurassic Park
Chocolate Cookie
(1)

Fruit Wedges with a Lemon
Shortbread Finger
(1)

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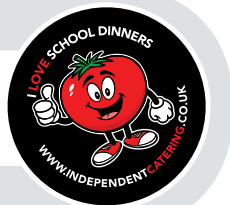


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MONDAY 14 MARCH

TUESDAY 15 MARCH

WEDNESDAY 16 MARCH

THURSDAY 17 MARCH

FRIDAY 18 MARCH



Mexican Style Chicken
Enchilada with Rice
(1, 9)

Beefburger in a Bun
(1, 10, 11, 14)

Roast Turkey and
Yorkshire Pudding
(1, 7, 9)

Beef Lasagne
with Garlic Bread
(1, 7, 8, 9, 11)

100% Cod Fishfingers
(1, 4)



Bean and Vegetable Goulash
with Cous Cous
(1)

Vegetarian Burger in a Bun
(1, 8)

Tomato and
Caramelised Onion Tart
(1, 7, 9)

Vegetable Byriani
(10)

Cheese and Tomato Baked Pitta
(1, 9)



Macaroni Cheese
(1, 9, 11)



Chunky Tomato Pasta
(1)



Vegetable Bolognese Pasta
(1)



Filled Baked Jacket Potato
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choice of toppings



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Fresh Carrots
and Green Beans

Oven Baked Potato Wedges,
Stack a Burger Salads,
Garden Peas

Roast Potatoes, Fresh Cabbage
and Carrots

Fresh Broccoli
and Sweetcorn

Chips, Baked Beans and
Mushy Peas



Apple and Banana Crumble
with Custard
(1, 7, 9)

Cinnamon Sponge with
Butterscotch sauce
(1, 7, 9, 14)

Chocolate Brownie (1, 7)
with Fruit Wedges

Tutti Fruitti Thursday

Fruity Flapjack
(1, 14)

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THURSDAY 24 MARCH

FRIDAY 25 MARCH



Mild Beef Curry
with Poppadum

Chicken Meatballs in a
Herby Tomato Sauce
with Spaghetti
(1, 8)

Roast Gammon
with Pineapple
(14)

Beef Sausage Toad in the Hole
with Gravy
(1, 7, 8, 9)

Battered Fish
(1, 4)



Homemade Vegetable
Spring Roll
(1)

Mixed Bean Chilli with Rice
(10)

Leek, Squash and
Parsley Crumble
(1, 9)

Vegetarian Sausage Toad in
the Hole with Gravy
(1, 7, 9)

Mixed Bean Pastry
(1)



3 Cheese Pasta
(1, 9, 11)



Mediterranean
Vegetable Pasta
(1)



Salmon and Pea Pasta
(1, 4, 9)



Filled Baked Jacket Potato
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Rice, Fresh Broccoli
and Sweetcorn

Roasted Butternut Squash
and Garden Peas

Roast Potatoes, Fresh Broccoli
and Roasted Root Vegetables

Mashed Potatoes, Fresh Carrots
and Green Beans

Chips, Mushy Peas and
Baked Beans



Mandarin Sponge
with Custard
(1, 7, 9)

Mixed Berry Cheesecake
(1, 8, 9)

Apple Cake with a Crunchy
Topping and Custard
(1, 7, 9)

Tutti Fruitti Thursday

Strawberry Muffin
(1, 7)

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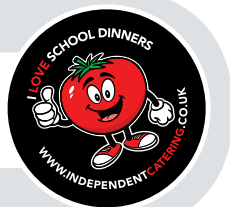


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MONDAY 28 MARCH



Bolognese Pasta Bake
with Garlic Bread
(1, 8, 9)



Spinach and Chickpea Curry
with Rice
(10)



Filled Baked Jacket Potato
Please see our blackboard for
choice of toppings



Fresh Broccoli
and Sweetcorn



Peach Sponge
with Custard
(1, 7, 9)

TUESDAY 29 MARCH

Sweet and Sour Chicken with
Noodles and Prawn Cracker
(1, 2, 7, 8, 14)

Italian Bean Stew
with Dumplings
(1)

Mac n' Cheese
(1, 9, 11)



Fresh Stir Fry Vegetables
and Green Beans

Steamed Jam Sponge
with Custard
(1, 7, 9)

WEDNESDAY 30 MARCH



Roast Beef with
Yorkshire Pudding
(1, 7, 9)

Mushroom, Pepper and
Pesto Strudel
(1)

Jacket Potato with a
Choice of Toppings

Roast Potatoes, Fresh Broccoli
and Carrots

Easter Cupcake
(1, 7)

THURSDAY 31 MARCH

Meat Feast Pizza
(1, 8, 9)

Cheese and Tomato Pizza
(1, 8, 9)



Filled Baked Jacket Potato
Please see our blackboard for
choice of toppings

Herby New Potatoes,
Coleslaw (7) and Garden Peas

Tutti Frutti Thursday

FRIDAY 1 APRIL

Breaded Fish
(1, 4)

Mixed Bean
and Rice Wrap
(1)

Roasted Pepper Spirals
(1)



Chips, Baked Beans
and Mushy Peas

Oatie Orange Cookie
(1)

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